

3 Snakes and Ladders Activity Plan



This is a main activity to be delivered in one session.

You will need more time if you are working with a larger group, less if the group is small.

Activity 3.1



Hand out snakes and ladders maps and Risk Analysis "T"

Break into smaller groups of 4-6 if you have a very large group to begin with.

Resources

- Snakes and ladders game board A4 sheets
- Snakes and ladders questions
- Risk Analysis "T"

Activity 3.2



Either in small groups or all together, ask the participants to discuss the issues in life that help us move forward and hold us back, using the "Snakes and Ladders" questions.

Activity 3.3



Variation: You can get the young people to write them on the risk analysis "T", and then decide which are the big ones for the big ladders and snakes, and which are small.

OR: They can just write them on their snakes and ladders game board however they like.

Activity 3.4



Bring the group back together and ask them to contribute to a "group" snakes and ladders, to identify issues that affect young people.

Activity 3.5



Discuss whether there are ways to avoid or overcome our obstacles, and ways that we can maximise the benefits of our strengths and advantages.

Learning outcomes

- Identify obstacles and support
- Self awareness
- Realise that other people have similar difficulties and challenges